



**BOWLS**  
WESTERN AUSTRALIA

# **POLICY STATEMENT**

## **MENTALLY HEALTHY**

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**POLICY NAME**

Mentally Healthy

**DEFINITION**

This policy applies to Clubs, Officials of Bowls WA, members and the public.

**AUTHORITY**

BWA Constitution - Objects

4 (iv) To at all times act on behalf of, in the interests of, and in conjunction with, the Members and the Sport of Bowls.

**RESPONSIBILITY**

Club Officials.

**CONFIDENTIALITY**

Not confidential

**ATTACHMENTS**

Nil

**POLICY STATEMENT**

This policy addresses the following:

- Providing an environment that supports positive health promotion

## **POLICY STATEMENT**

Bowls WA will actively support positive health promotion to maximise well-being in individuals and communities.

Bowls WA will proactively support strategies that provide opportunities for individuals to be mentally, physically and socially active **(ACT)**

Bowls WA will proactively support strategies that encourage individuals to join and actively participate in Bowls WA activities and those of partner organisations **(BELONG)**

Bowls WA will proactively encourage individuals to become a volunteer for the organisation, to set personal goals for achievement in the activities of the organisation and to be more broadly involved in other community events and environments **(COMMIT)**

Bowls WA will try to reduce or remove economic or social barriers to participation in its activities.

Bowls WA will encourage staff, volunteers and participants to treat all individuals and groups with respect, equality and openness.